

Autumn-Winter Menu

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Soup De Jour With Fresh Baked Bread	Soup De Jour With Fresh Baked Bread	Soup De Jour With Fresh Baked Bread	Soup De Jour With Fresh Baked Bread	Soup De Jour With Fresh Baked Bread
MAIN MEAT CHOICES	<p>Free From</p> Chicken & Lentil Balti with Braised Rice,	<p>Free From</p> Gluten Free Pasta Bolognaise	<p>Free From</p> Honey Roast Gammon Yorkshire Puddings <p>Free From</p> Chicken Casserole With mash Potato	Beef & Lentil Lasagna (Contain Dairy & Gluten) <p>Free From</p> Pulled Pork Served with Apple Slaw & Tortilla wrap	Crispy Breaded Haddock fillet (Contains Fish) with Handmade tartare sauce& Citrus Wedge (Contains egg) Pepperoni Pizza Contains Gluten, dairy)
VEGETARIAN	<p>Free From</p> Spinach Cauliflower and Lentil Curry	<p>Free From</p> Gluten free Vegan Bolognaise Pasta	Mac n cheese (Contains Gluten & Dairy)	Lentil & Roast Vegetable Lasagna Contain Dairy, Gluten)	Cheese & Tomato Pizza (Contains Gluten Dairy)
SIDES	Broccoli, Baked Beans, Potato wedges and New Potato, Naan Bread	Garlic Bread, Roasted Carrots, Baked Beans assorted Vegetables	Roasted vegetables, Baton Carrots, Savoy Cabbage Roast Potatoes, New potatoes, Roast Gravy, Yorkshire pudding	Baked Beans, Roast Cauliflower, Cheese Vegetables, New potatoes Herb Diced Potatoes	Garden Peas, Baked Beans, Mushy Peas, Chipped potatoes, Roasted New Potatoes
JACKETS	Jacket Potato, baked beans, Cheddar Cheese etc				
DESSERT	Lemon Courgette drizzle	Coconut tiffin	Sticky Ginger cake	Honey seeded Flapjack	Vanilla ice cream
	Rocky Roast slice	Banoffee crumble	Cookie dough	Strawberry Mousse	Short bread thin
SALAD BAR	Organic yoghurt, Fresh fruit platter				
	Assorted Daily Composite Salads	Assorted Daily Composite Salads	Assorted Daily Composite Salads	Assorted Daily Composite Salads	Assorted Daily Composite Salads
	Tomato, Mixed leaves, Grated cheese, Butter, Selection of dressings and toppings, Carrot & cucumber pot,, Sliced Mixed Peppers				