

SUMMER MENU

WEEK 3
Week commencing: 23 June

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Soup De Jour With Fresh Baked Bread	Soup De Jour With Fresh Baked Bread	Soup De Jour With Fresh Baked Bread	Soup De Jour With Fresh Baked Bread	Soup De Jour With Fresh Baked Bread
MAIN MEAT CHOICES	Peri Peri Chicken Strips with Mexican Style Rice Butchers Sausage (Contains, Glute)	Chicken Burger in a bap (Contains Gluten) Beef & Red Onion Meat balls (Contains Gluten)	Roast Beef Brisket, Horseradish sauce Yorkshire pudding (Y-Pud contain Gluten, dairy, egg) Chicken Schnitzel (Contains Egg, Gluten) with Mushroom sauce (Contains Dairy Gluten)	Hunters Chicken Lasagna (Contain Dairy & Gluten) Bacon Steak with Pineapple, Lime & Coriander relish	Battered Cod Haddock fillet (Contains Gluten, Fish) with Handmade tartare sauce& Citrus Wedge (Contains egg) Pepperoni Pizza Contains Gluten, dairy)
VEGETARIAN	Spinach & Potato Curry Vegan Pasty (Contain Gluten)	Cheddar, & Herb Omelet (Contain Egg , Dairy)	Tomato Pasta with vegan Pesto (Contains Gluten)	Vegetarian Lasagne (Contain Gluten dairy)	Cheese & Tomato Pizza (Contains Gluten Dairy)
SIDES	Broccoli, Baked Beans, Potato wedges and New PotatoNaan Bread	Baked Beans assorted Vegetables	Roasted vegetables, Baton Carrots, Savoy Cabbage Roast Potatoes, New potatoes, Roast Gravy	Baked Beans, Roast Cauliflower, Cheese Vegetables, New potatoes Herb Diced Potatoes	Garden Peas, Baked Beans, Mushy Peas, Chipped potatoes, Roasted New Potatoes
JACKETS	Jacket Potato, baked beans, Cheddar Cheese etc				
DESSERT	Hot & Cold Desserts and Cakes	Hot & Cold Desserts and Cakes	Hot & Cold Desserts and Cakes	Hot & Cold Desserts and Cakes	Hot & Cold Desserts and Cakes
	Low fat Fruit yoghurt, Fresh fruit pots				
SALAD BAR	Assorted Daily Composite Salads	Assorted Daily Composite Salads	Assorted Daily Composite Salads	Assorted Daily Composite Salads	Assorted Daily Composite Salads
	Tomato, Mixed leaves, Grated cheese, Butter, Selection of dressings and toppings, Carrot & cucumber pot., Sliced Mixed Peppers				