

# PSHE Curriculum 2024

## 3<sup>rd</sup> Form

### **Relationships – Mental Health**

Focussing on what mental health is and what factors may affect it. How to improve mental health.

### **Relationships – Commitments & breakdowns**

Focussing upon commitments, legal status of long-term relationships, different types of relationships/families, roles of parents, effects of change including loss, bereavement and strategies to manage these.

### **Living in the wider world - Careers & Money matters**

Focussing upon options available after KS3, skills and attributes that employers value. Young people's employment rights, values and attitudes to finance and debt, recognising financial exploitation.

### **Health & Wellbeing – Cancer**

Focussing upon the importance of taking personal responsibility for maintaining and monitoring health including cancer prevention, screening and self-examination. Importance of sun safety and dental checkups.

### **Relationships – Diversity/Difference & Crime**

Focussing on the consequences of carrying weapons and gang behaviour, unacceptability of discrimination, extremism and intolerances, FGM.

### **Relationships – Sex and Relationships Education**

Focussing upon indicators of positive, healthy and unhealthy relationships, consent, risks relating to unprotected sex.