

## Food Allergy and Intolerance Information

You have identified that your child has a food allergy or intolerance. Firstly, please be assured that the School has suitable and effective allergen management procedures in place.

We will pass on relevant information to our Catering Department, so they are fully informed of your child's food allergies or intolerances. To ensure the information we have is accurate and up to date we ask that you inform us directly, via [nurse@kimboltonschool.com](mailto:nurse@kimboltonschool.com) for Senior School and [prep nurse@kimboltonschool.com](mailto:prep nurse@kimboltonschool.com) for the Prep School, if there are any changes in relation to this information.

If we are unclear as to the severity or specifics of your child's dietary needs, we will contact you to discuss further and if necessary, a Care Plan will be drawn up. If you have any concerns, please feel free to contact us.

We ask that you read the information below and inform your child of the specific procedures:

- Pupils at the Prep School will be issued with a wristband. We ask them to always wear this when they are at School or participating in School activities. This will assist us with the control procedures we have within the School.
- All meals are prepared in environments that are **NOT** totally free from allergenic ingredients.
- The Catering Department follow practices that are designed to reduce the risk of allergen contamination. All Catering Staff receive training to help ensure that these standards are met.
- The Catering Department do not purchase or use food that contains peanuts, tree nuts e.g. almonds, walnuts, cashew nuts etc.
- The School menu is available in advance with all ingredients and allergens listed. This can be found on the School website. However, the recipes do change from time to time.
- In self-serve areas food will be identified and the allergens listed. However, there is always a potential risk of cross contamination so we would advise your child to avoid these areas. A notice to this effect will be posted at these areas.
- Some food may be prepared to prevent cross contamination with allergens. However, it is important that your child communicates to Servery Staff they have a dietary need and not just that that they are making a food preference choice.
- Pupils are encouraged to ask Catering Staff questions if they are unsure about their food selection.
- Any food items provided by parents for pupils with food allergies should be clearly labelled with the name of the child for whom they are intended.

