

PSHE Curriculum 2024

1st Form

Health & Wellbeing – ‘Self-Concept’ (BMM)

Focussing upon personal strengths, resilience, self-confidence, self-esteem and dealing with changing circumstances.

Relationships – ‘Relationship Values’ (HFG)

Focussing upon changes experienced during puberty and emotions that may arise in friendships and how to deal with them. Where to seek advice and help for dealing with relationship issues including abusive behaviours.

Relationships – ‘Forming and Maintaining respectful relationships’ (Headmaster)

Focussing upon communication skills, assertiveness, receiving constructive feedback and bullying behaviours.

Living in the Wider World - Learning Skills (RS)

Focussing upon different styles of learning, personal review and planning, developing organisational skills, revision skills, essay planning and exam question decoding.

Health & Wellbeing/Relationships – Online Safety (ACF)

We are focussing upon Internet safety as to how to better protect our devices with strategies. How to identify and manage risk associated with potential scams and how to create a positive online presence.